



Educating Mind. Heart. Spirit

Tiger Athletics

VOLUME 1, ISSUE 2

WEEK OF: SEPT. 23-27, 2019

FALL SPORTS:

- **Volleyball**
- **Soccer**
- **Cross Country**

UPCOMING EVENTS:

Monday, 9/23-

- XC @ Fisher Farms 4pm

Tuesday, 9/24-

- Soccer @ St. Anne 4pm
- Vball vs. Providence 4pm

Wednesday, 9/25-

- Vball vs. St. Anne 4pm

Thursday, 9/26-

- Soccer vs. Scholars 4pm
- Volleyball vs. Weddington 4pm

All home soccer games are played at Martha Rivers Park and are free to attend.

Home volleyball games are held in the SMCS gym and ticket prices are as follows:

—SMCS students: FREE
—Adults: \$3
—Youth: \$2
—Family: \$5

Sports Highlights and Results:



Volleyball:

Volleyball had two road games this week. They traveled to Rock Hill, SC on Monday and Mountain Island Day School in Charlotte for their second game of the week on Thursday.

Thank you to all the parent drivers—we know it's a lot of commitment! L @ Providence Classical W @ MIDS

Soccer:

Soccer started the week with a record of 2-0 and competed in one away game at Mountain Island Day School and then finished the week at home win (Martha Rivers Park) with a game against St. Anne. Home or away, these players sure know how to compete!

W @ MIDS
W vs. St. Anne

Cross Country:

The second meet of the season was at Sim USA Park in Charlotte. Every team member took time off of his/her scores and ran their hearts out (*no official results to post yet*). We are so proud of our runners!

Next up for our cross country team is a meet at Fisher Farms on Monday. Good luck Tigers!

Sports Spotlight: Ben Kimmel



Age: 13 Grade: 8 Years at SMCS: 9

Sports Played (Fall): Soccer

Favorite After Practice Snack: Lucky Charms

Favorite Sports Team: LA Dodgers

Why play for SMCS?: It's my only option!

Future Goals: Making the baseball team at Hunter Huss High School next year.



*"You miss 100%
of the shots you
don't take."
-Wayne Gretzky*



**FALL SPORTS
SCHEDULES CAN
BE FOUND BY
CLICKING:**

[https://
www.stmichaelcs.
com/athletics](https://www.stmichaelcs.com/athletics)

Upcoming Winter Sports:
Girls and Boys Basketball, Swimming

Pounce in the House!

Pounce made his first official appearance of the year at last week's assembly recognizing all of our fall sports team.

There is nothing like a high five from the most popular tiger around to get our school spirit up!



From the Athletic Directors

Assistant Swim Coach Needed!

This position is needed to help with swim practices. Please contact Greg Davidowitz (gkdavidowitz@stmichaelsgastonia.org) or Lane Alexander (lalexander@stmichaelsgastonia.org) **ASAP** if you are interested.

⇒ **New Gym Security Policy:**

In order to ensure a safe and secure environment for our home volleyball and basketball games this year, we will be implementing a new system upon entering the gym. All adult visitors will be required to show an ID at the ticket table. The parent on duty will write down the first and last names of each paying adult so that we have a record of all adults in attendance. Thank you in advance for your cooperation!

⇒ **Did you know?**

SMCS is a member of the **Charlotte Gastonia Athletic Association (CGAA)** which is made up of around 13 small private or charter schools throughout all areas of Charlotte, Gastonia and some northern border towns in South Carolina. This conference has a governing body, by laws and hosts a quarterly Athletic Director meeting. Fun fact—there is only one other Catholic school in our conference...St. Anne's Catholic School in Rock Hill.

Sports Trivia:

- * On average a golf ball has 336 dimples.
- * Olympic gold medals are mostly made of silver (92.5%).
- * Fishing is the most participated sport on earth.
- * Tug of War was an Olympic sport from 1900-1920.
- * Japan is home to the world's largest bowling alley with 116 lanes.



athlete *noun*

[ath-leet]

a person who is trained or skilled in exercises, sports or games requiring physical strength, agility or stamina.

Meet our Coaches:

Cross Country

Mrs. Maria Boylan

- Sports team: Clemson Tigers
- Sports themed movie: Like Mike
- After practice snack: Trail Mix
- How old were you when you started playing sports?: 14 -x country, tennis, badminton, track-anything that was free at school since my parents couldn't afford any lessons/sports. Met my best friends through x country and tennis. We're still friends today!
- Sports you would want to play professionally: Badminton and hiking if they had it!

Mrs. Amanda Cooper

- Sports team: Carolina Panthers
- Sports themed movie: Miracle
- After practice snack: Pringles
- How old were you when you started playing sports?: I started swimming when I was 6 or 7. I swam competitively for many years and won state in back stroke.
- Sports you would want to play professionally: Swimming
- Gatorade or Powerade: Powerade

Soccer

Mr. Tom Kontos

- Sports team: Olympiakos FC
- Sports themed movie: Field of Dreams and Coach Carter
- After practice snack: trail mix or protein bar
- How old were you when you started playing sports?: I was 6 years old when I started playing soccer.
- Sports you would want to play professionally: Soccer
- Gatorade or Powerade: Powerade

Mr. Kevin Sherrill

- Sports team: Charlotte Checkers
- Sports themed movie: Miracle
- After practice snack: Taco Bell
- How old were you when you started playing sports?: 6
- Sports you would want to play professionally: Football (kicker)
- Gatorade or Powerade: Gatorade

Volleyball

Mrs. Christine Eagan:

- Sports team: Pittsburgh Steelers
- Sports themed movie: none
- After practice snack: something cold
- How old were you when you started playing sports?: Out of college
- Sports you would want to play professionally: none
- Gatorade or Powerade: neither

Ms. Lexi Henriott

- Sports team: Georgia Bulldogs
- Sports themed movie: The Blind Side
- After practice snack: Banana, strawberry, peanut butter smoothie
- How old were you when you started playing sports?: 4 years old
- Sports you would want to play professionally: Volleyball
- Gatorade or Powerade: Gatorade