



Educating Mind. Heart. Spirit.

# Tiger Athletics

VOLUME 1, ISSUE 4 WEEK OF: SEPT. 30 - OCT. 4, 2019

## FALL SPORTS:

- **Volleyball**
- **Soccer**
- **Cross Country**

## UPCOMING EVENTS:

### Monday, 10/7-

- XC @ Warlick  
4pm
- Soccer @  
Fletcher 4pm

### Tuesday, 10/8-

- Soccer @  
Carolina Christian  
4:15pm
- Vball @  
Carolina Christian  
4:15 pm

### Thursday, 10/10-

- Soccer vs.  
Providence  
4pm
- Vball vs.  
First Wesleyan  
4pm

All home soccer games are played at Martha Rivers Park and are free to attend.

Home volleyball games are held in the SMCS gym and ticket prices are as follows:

—SMCS students: FREE  
—Adults: \$3  
—Youth: \$2  
—Family: \$5

*Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen*

## Sports Highlights and Results:

### Volleyball

Current Record: 4-7

The volleyball team had three tough home games this week in which two of them went to 3 sets to decide the winner.

We continue to applaud the hard work, effort and great sportsmanship that our Lady Tigers put on the court every match!

**L vs. Liberty Prep**  
**L vs. First Wesleyan**  
**L vs. MIDS**

### Soccer

Current Record: 8-0-1

Soccer started the week with a record of 5-0-1 and competed in one away game and two home games at Martha Rivers Park. They were victorious in all three games this week moving their record to 8-0-1. There is one more week of the regular season and then our Tigers will be playoff bound. Keep up the hard work Tigers!

**W @ Providence Classical**  
**W vs. Carolina Christian**  
**W vs. MIDS**

### Cross Country

The 4th meet of the season had our runners competing at McAlpine Creek State Park in southwest Charlotte. There are no race results to report at the time of publication, but will be made available next week.

The Final 3 meet locations for cross country team are:

**10/7—Warlick YMCA, Gastonia**  
**10/14—Frank Liske Park, Concorde**  
**10/21 -SIM USA, Charlotte**

## Sports Spotlight: Caz Wilkinson



**Age:** 13 **Grade:** 8

**Years at SMCS:** since Pre - K

**Sports Played (Fall):** Cross Country

**Favorite After Practice Snack:** Chocolate Milk

**Favorite TV Show:** Regular Show

**Hobbies:** Climbing on things.

**Future Goals:** Making the Cross Country and Swim teams next year at Charlotte Catholic.



*"It's not whether  
you get knocked  
down; it's  
whether you get  
up."*

*-Vince Lombardi*



**FALL SPORTS  
SCHEDULES CAN  
BE FOUND BY  
CLICKING:**

[https://  
www.stmichaelcs.  
com/athletics](https://www.stmichaelcs.com/athletics)

**Upcoming Winter Sports:**  
**Girls and Boys Basketball, Swimming**



**8th grade  
Volleyball  
Celebration  
Reception**

**Thank you to  
all who made  
this possible!**

## From the Athletic Directors

### Assistant Swim Coach Needed!

This position is needed to help with swim practices. Please contact Greg Davidowitz ([gkdavidowitz@stmichaelsgastonia.org](mailto:gkdavidowitz@stmichaelsgastonia.org)) or Lane Alexander ([laalexander@stmichaelsgastonia.org](mailto:laalexander@stmichaelsgastonia.org)) **ASAP** if you are interested.

#### ⇒ Basketball News -

There will be a Parent Meeting for Girls and Boys Basketball (grades 5-8) on Wednesday, October 16 at 3:30 in the gym. Please plan to attend!

- Basketball practices will begin Monday, October 21.
- Students **MUST HAVE** sports physicals completed prior to practice.
- The cost is \$60 basketball fee and \$60 Booster Fee (if not previously paid this year).

#### ⇒ Knights of Columbus Soccer Challenge—11/2 @ 9am

The Soccer Challenge for boys and girls ages 9 to 14, is a fun way for Knights of Columbus councils to engage youth in their communities with an athletic event that encourages the values of sportsmanship and healthy completion. Children demonstrate the most important skill in soccer – shooting accuracy on the penalty kick. This event will be held on Saturday Nov. 2 on the soccer field at St. Michael School. The child must be accompanied by an adult and registration is required and will be available at the field.

## Local Sports in action:

One of the best ways to introduce young athletes to sports, and possibly the opportunity to play at the next level, is to go watch.

We have so many local Division I, II and III athletic programs in our area. Check them out!

—click to see more!

[Belmont Abbey Athletics](#)

[Queens College Athletics](#)

[Davidson Athletics](#)

[Gardener Webb Athletics](#)

[UNC Charlotte Athletics](#)

[Johnson and Wales Athletics](#)

[Wingate Athletics](#)

[Winthrop Athletics](#)



**effort** *noun*

/ˈɛfərt/

A vigorous or determined attempt.

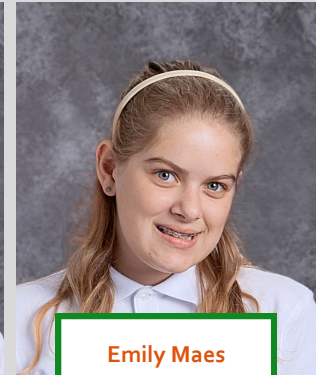
## 8th Grade Student Athletes:



John Gustashaw  
Soccer



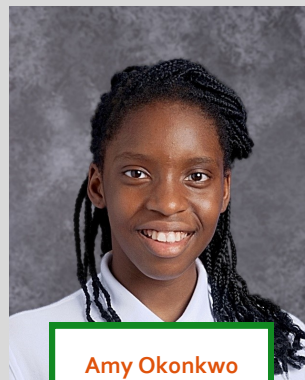
Ben Kimmel  
Soccer



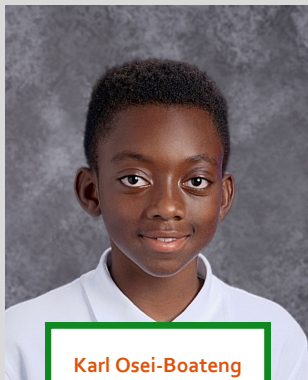
Emily Maes  
Volleyball



Theo Miller  
Soccer



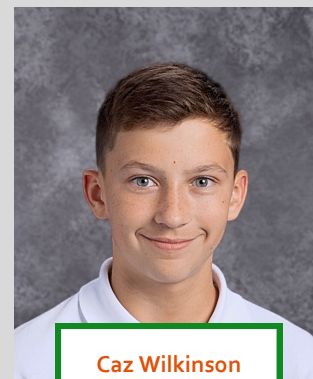
Amy Okonkwo  
Volleyball



Karl Osei-Boateng  
Soccer



John Rhodes  
Soccer



Caz Wilkinson  
Cross Country



# Tiger #Shoutouts:

## EXAMPLES

Interested in giving your favorite athlete a shoutout?

Contact Lane Alexander and your message could be here!

All proceeds go to our Booster Club and helps us to further support all of our athletic teams!



Way to go Everett! We are proud of you, keep working hard! -Mom and Dad



Way to go SMCS Soccer! 5-0 to start the season. Work hard, play hard, pray hard!

-Coach Alexander

The Darden Family says:

GOOOOO TIGERS!



Way to go Lynn! Your hard work ethic inspires me every day! #12 rocks!

-Your friend, Jill



*"You miss 100% of the shots you don't take." - Wayne Gretzky*

Jenny,

Keep shooting for the stars...and the soccer goal!

-Grandpa and Grandpa Smith

Upcoming Winter Sports:

Girls and Boys Basketball, Swimming